## Spring Summer 24 - Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sent 210 Oct

| WEEK ONE | PLANET GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option | Wholemeal Cheese \& Tomato Pizza served with Potato Wedges | Pork Sausage served with Diced Potatoes | Chicken Pie with Mashed Potatoes | Creamy Korma Style Chicken Curry served with Mixed Rice 480 | Friday Fish Fingers served with Chips \& Tomato Ketchup |
| Vegetarian Main | Creamy Vegetable Penne Pasta Carbonara | Veggie Sausage Served with Diced Potatoes | Vegemince \& Vegetable Pie (Ve) served with Mashed Potato | Vegetable Korma (Ve) Served with Mixed Rice $4 \frac{1}{2}$ | Quiche Served with Chips \& Tomato Ketchup |
| Jacket Potato Option | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans |
| Vegetable Selection | Selection of Daily Vegetables | Selection of Daily Vegetables | Selection of Daily Vegetables | Selection of Daily Vegetables | Selection of Daily Vegetables |
| Dessert | Marble Sponge \& Custard | Chocolate Shortbread (Ve) \& Fruit Slices | Iced Traybake | Oat \& Raisin Cookie (Ve) \& Fresh Fruit Wedge | Chocolate Ice Cream |

Portion(s)
of fruit or veg

| $\begin{array}{c}\text { Contains } \\ \text { plant-based } \\ \text { proteins }\end{array}$ | 4 |
| :---: | :---: |

$\left.\left.\left.\begin{array}{|l|l|l|l|l|}\hline 50 \% \\ \text { fruit }\end{array}\right) \begin{array}{l}\text { Oily } \\ \text { fish }\end{array}\right) \quad.\right) \mathbf{O}$
child.
Our desserts meet Public Health England's target for 'free sugar' intake for your child.

## Spring Summer 24 - Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 70 .

| WEEK TWO | PLANET GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option | Wholemeal Cheese \& Tomato Pizza served with Diced Potatoes | Hot Dog Baguette served with Potato wedges | Roast Chicken served with Roast Potatoes \& Gravy | Beef Bolognese \& Penne Pasta | Friday Fish Fingers served with Chips <br> \& Tomato Ketchup |
| Vegetarian Main Meal | Macaroni Cheese with Garlic Bread | Veggie Sausage Baguette (Ve) Served with Potato wedges | Home Baked Vegetarian Lasagne | Veggie Mince Bolognese \& Penne Pasta (Ve) | Cheese \& Onion Puff Pastry Roll Served with Chips \& Tomato Ketchup |
| Jacket Potato Option | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans |
| Vegetable Selection | Selection of Daily Vegetables | Selection of Daily Vegetables | Selection of Daily Vegetables | Selection of Daily Vegetables | Selection of Daily Vegetables |
| Dessert | Ginger \& Mandarin Traybake | Strawberry Jelly (Ve) | Freshly Baked Chocolate Cookie (Ve) | Flapjack Finger (Ve) With a Fresh fruit wedge | Homemade Shortbread (Ve) |


| WEEK THREE | PLANET GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option | Wholemeal Cheese \& Tomato Pizza served with Diced Potatoes | Farm Assured Pork Sausage Roll with Potato Wedges | Gently Spiced Moroccan Chicken served with Summer Vegetable Rainbow Cous Cous | Sticky BBQ Chicken \& Vegetables served with Rice 48 | Friday Fish Fingers served with Chips \& Tomato Ketchup |
| Vegetarian Main Meal | Vegetable Chilli \& Rice (Ve) NDP | Cheese \& Onion Puff <br> Pastry Roll served with <br> Homemade Skin on Baked Potato Wedges | Gently Spiced <br> Moroccan Roasted Chickpea Tagine served with Summer Vegetable Rainbow Cous Cous (Ve) | Sticky BBQ Quorn, Vegetables \& Rice | Quorn Burger in a Bun with Chips |
| Jacket Potato Option | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans |
| Vegetable Selection | Selection of Daily Vegetables Or Mixed Fresh Salad | Selection of Daily Vegetables | Selection of Daily Vegetables | Selection of Daily Vegetables | Selection of Daily Vegetables |
| Dessert | Apple Sponge served with Custard | Tutti Frutti Jelly and Mandarins (Ve) | Freshly Baked Vanilla Cookie (Ve) | Zesty Lemon \& Blueberry Cake | Homemade Flapjack (Ve) |


| Portion(s) <br> of fruit or veg | $\frac{1}{2}$ | $\frac{1}{2}$ |
| :---: | :---: | :---: | :---: |

